

Workshop on Knee Arthroscopy

Venue:- Lectuer Hall A Guru Nanak Dev Hospital, Amritsar

Convener: Dr IPS Oberoi

FACULTY:- DR. I.P.S. OBEROI , DR. KALPESH TRIVEDI

MODERATORS:- DR. RAKESH SHARMA, DR. RAJEEV VOHRA

8:30 – 9:00 am – Registration

9:00 – 9:45 am:- Arthroscopy instrumentation : Care and Handling – Dr. IPS Oberoi

**9:45 – 10:15 am :- Arthroscopy portals, Diagnostic knee round, Meniscus Surgery -
Dr. Kalpesh Trivedi**

LIVE SURGICAL DEMONSTRATION –

10:15 – 10:45 am :- Knee arthroscopy and meniscus surgery – Dr. IPS Oberoi

10:45 – 11:00 am :- Tea Break

11:00 - 11:30 am:- ACL injury, clinical tests, MRI, timing of surgery, graft options and arthroscopic ACL reconstruction – Dr. Kalpesh Trivedi

LIVE SURGICAL DEMONSTRATION –

11:30 – 12:15 pm :- ACL Reconstruction – Dr. IPS Oberoi

12:15 – 12:30 pm:- Rehabilitation after ACL reconstruction – Dr. Kalpesh Trivedi

12:30 – 12:45 pm:- Extra articular reconstructions around knee- Dr. IPS Oberoi

12:45 – 1:15 pm:- Lunch

1:15 – 2:15pm :- HANDS ON WORKSHOP ON ARTHROSCOPY MODELS-

Triangulation skill, diagnostic knee round, loose body removal and meniscus surgery.

2:15 – 2:45 pm:- Open house on arthroscopy in arthritic knee, arthroscopy in acute injured knee, arthroscopic ACL in adolescent knees and learning opportunities in Arthroscopy Skills.

Workshop on Peri-articular Fractures

Zimmer Periarticular Locking Plate System

Venue: Lectuer Hall B Guru Nanak Dev Hospital, Amritsar

FACULTY: Dr. Avtar Singh, Dr. John T John, Dr. Vikas Gupta, Dr. Harpal Selhi

MODERATORS :- DR. H.S. SOHAL, DR. AVTAR SINGH

8:30 AM – 9:00AM

Registration

09.00AM - 09.10AM

Welcome and Opening Remarks : **Dr. Avtar Singh**

Introduction & Review of Agenda / Handouts

09.15AM – 09.35AM

Locking plates for distal humeral fractures ,Indications, Techniques, and Complications :- **Dr. Vikas Gupta**

09.35AM - 09.50AM

Locked Volar Plating for Distal Radius Fractures:- **Dr. John T John**

09.50AM - 10.00AM

Locked Dorsal Plating for Distal Radius Fractures :- **Dr. Vikas Gupta**

10.00AM -11.30AM

Faculty demonstration & Hands-on workshop in two groups

TEA BREAK

11.45AM - 12.05PM

Management of Proximal Tibial Fractures by Locking Plates –**Dr Avtar Singh**

12.05PM – 12.20PM

Distal Tibial Locked Plating: Indications, Techniques and Complications –

Dr.Harpal Selhi

12:20PM - 12.35PM

Operative management of Distal Femoral Fractures :- **Dr. Harpal Selhi**

12.35PM - 12.50PM

Locked Plating for Distal Femoral Fractures: Tips and Tricks:-

Dr. John T John

12.50PM - 01.30PM

Case discussions on Periarticular fractures

01.30PM - 2.00PM

LUNCH

02.00PM - 3.30PM

Faculty demonstration & Hands-on workshop

03.30PM - 4.00PM

Discussion, Q&A

22ND March, 2014

SESSION – I Dr. Paramjit Singh Grewal Memorial

HALL-A

TIME: 9:00AM TO 10:00AM

CHAIRPERSONS:- Dr. Aditya Aggarwal
Dr. Sameer Aggarwal

MODERATORS :- DR. H.S. SOHAL

TIME	TOPIC	SPEAKER
9:00 – 9:10AM	Treatment of complicated Pelvic fractures & Pelvic Fractures associated with Visceral Injuries	Dr. R.Sen
9:10 – 9:20AM	Indications and Techniques of posterior Fixation in Pelvic Fractures	Dr. R.Sen
9:20 – 9:30AM	How to Select an approach for Acetabular Fractures	Dr. Ravi Gupta
9:30 – 9:40AM	Indications and Techniques of Anterior Fixation in Pelvic Fractures	Dr. N K Magu
9:40 – 9:50AM	Techniques of Acetabular Fracture Fixation	Dr. Ravi Gupta
9:50 – 10:00AM	Discussion	

SESSION – II Dr. Manmohar Singh Memorial

HALL-A
11:00AM

TIME: 10:00AM TO

CHAIRPERSONS:- Dr. Bobby John
Dr. M Yamin

MODERATORS :- DR. AVTAR SINGH

TIME	TOPIC	SPEAKER
10:00 -10:10AM	How to choose an Implant in TKR	Dr. Harsimran Singh
10:10 -10:20AM	High Tibial Osteotomy vs Unicondylar Knee in Early Osteoarthritis	Dr. Raghu Raman
10:20-10:30AM	Management of Tibial Bone Defects in Primary TKR	Dr. O.N. Nagi
10:30-10:40AM	Periprosthetic Fractures	Dr. Raghu Raman
10:40- 10:50AM	Femoral Revision in THR	Dr. Vivek Sharma
10:50-11:00AM	Discussion	

ORATIONS

HALL-A

11:00AM TO 12:00PM

CHAIRPERSONS:- Dr. S S Gill, Dr. S S Yadav, Dr. Hardas Singh

MODERATORS :- DR. H S SOHAL

11:00–11:30AM- Duraiswamy Oration – Dr. R C Siwach

TOPIC – Professionalism

11:30 - 12:00MD - Dr. Garewal Oration- Dr. Mukand Lal

TOPIC- Total Hip Replacement : Is It worth while in Hilly Terrain?

PLENARY LECTURE

HALL-A

12:00PM TO 12:30PM

12:00- 12:30PM - Plenary lecture – Dr. S. Rajasekaran

TOPIC – Medicine – For Whose Benefit ?

INAUGURATION

HALL-A

12:30PM TO 01:15PM

12:30 –1:15PM- Compere (Dr. Rakesh Sharma & Dr. Rajeev Vohra)

1:15 – 2:00PM – LUNCH

22ND March, 2014

SESSION – III Dr. J P S Chinna Memorial

HALL-A

TIME: 02:00PM TO 03:00PM

**CHAIRPERSONS:- Dr. Mansoor Halwai
Dr. N K Aggarwal**

MODERATORS :- DR. RAKESH SHARMA

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
2:00- 2:10PM	Intramedullary vs Extramedullary fixation in Proximal Femoral Fractures	Dr. Harpal Selhi
2:10 – 2:20PM	Prevention and management of Dislocations in THR	Dr. M.Yamin
2:20 – 2:30PM	Getting right length in primary THR	Dr. Sansar Sharma
2:30 – 2:40PM	Primary THR in Acetabular Dysplasia	Dr. C.S. Yadav
2:40- 2:50PM	Acetabular Reconstruction by Uncemented cup during Primary and Revision Hip Surgery for Acetabular defects	Dr. A.K. Singh
2:50 – 3:00PM	Discussion	

SESSION – IV

HALL-A

TIME: 03:00PM TO 04:00PM

**CHAIRPERSONS:- Dr. Harpreet Gill
Dr. Sudesh Sharma**

MODERATORS :- DR. RADHE SHYAM

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
3:00 – 3:10PM	Spinal trauma when to fix? How to fix?	Dr. S. Rajasekaran
3:10 – 3:20PM	Courses & Management of Kyphosis	Dr. Anil Jain
3:20 – 3:30PM	Failed Back Surgery Syndrome	Dr. S. Rajasekaran
3:30 – 3:40PM	Multi Drug Resisiance Tuberculosis	Dr. Anil Jain
3:40 – 3:50PM	Spinal Deformity Correction	Dr. Rajesh Verma
3:50 – 4:00PM	Discussion	

4:00PM Onwards – Visit to BAGHA Border

Dr. H S Grewal (+919814053398)

4:00 – 5:00PM – General Body Meeting

5:00 – 6:00PM – Maxx Freedom Knee Symposium

Speaker:- Dr. Harish Bhende, Dr. O N Nagi, Dr. Avtar Singh

22ND March, 2014

SESSION – V

HALL-B

TIME: 02:00PM TO 03:00PM

CHAIRPERSONS:- Dr. R K Arora
Dr. R S Boparai

MODERATORS :- DR. PARTAP SINGH VERKA

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
2:00 – 2:10PM	MRI Knee in Meniscal, and cartilage Lesions	Dr. Ravi Mittal
2:10 – 2:20PM	MRI Spine	Dr. Vijinder Arora
2:20 – 2:30PM	MRI Assessment of Cruciate ligaments	Dr. Ravi Mittal
2:30 – 2:40PM	Posterolateral Corner Injuries	Dr. Kalpesh Trivedi
2:40 – 2:50PM	Management of Dislocation of Knee	Dr. Anant Mahapatra
2:50 – 3:00PM	Discussion	

SESSION – VI

HALL-B

TIME: 03:00PM TO 04:00PM

CHAIRPERSONS:- Dr. Rajkumar
Dr. Dara Singh

MODERATORS :- DR. YOGESHWAR SAINI

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
3:00 – 3:10PM	Medical management of Osteoporosis	Dr. Sansar Sharma
3:10- 3:20PM	Biopsy in Musculoskeletal Tumors	Dr. Shishir Rastogi
3:20 – 3:30PM	What is research and how to start academic research?	Dr. Ashok Shyam
3:30 – 3:40PM	Medical management of rheumatoid arthritis	Dr. Shishir Rastogi
3:40 – 3:50PM	How to get an article accepted- Writing an ideal paper	Dr. Ashok Shyam
3:50 – 4:00PM	Discussion	

Banquet Dinner – 8:00PM onwards

Venue:- Galaxy Resorts (Majitha – Fatehgarh Churian Bypass)

23RD March, 2014

SESSION – I

HALL-A

TIME: 09:00AM TO 10:00AM

**CHAIRPERSONS:- Dr. Ravinder Singh
Dr. A S Sidhu**

MODERATORS :- DR. ROHIT SHARMA

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
9:00 – 9:10AM	Innovations in Orthopaedics	Dr. R L Mittal
9:10 – 9:20AM	Non Metastaic Osteoarticular Complications of Malignancy	Dr. Vijay Khariwal
9:20 – 9:30AM	Subvastus Approach in TKR	Dr. Nilen Shah
9:30 – 9:40AM	Osteoporotic Bone Fractures - Challenges	Dr. Sachin Bhonsle
9:40 – 9:50AM	Dream TKR – The Future	Dr. N K Aggarwal
9:50 – 10:00AM	Discussion	

SESSION – II

HALL-A

TIME: 10:00AM TO 11:00AM

**CHAIRPERSONS:- Dr. Yogeshwar Saini
Dr. M K Mam**

MODERATORS :- DR. R S BOPARAI

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
10:00 – 10:10AM	4 part upper end humerus fracture fix or replace ?	Dr. John T John
10:10 – 10:20AM	Shoulder impingement Syndrome	Dr. Atul Mishra
10:20 – 10:30AM	Rotator Cuff tear	Dr. Manish Bansal
10:30 – 10:40AM	Distal Humerus Fractures When to fix and when to replace?	Dr. Vikas Gupta
10:40 – 10:50AM	Terrible Triad Elbow	Dr. R C Siwach
10:50 – 11:00AM	Discussion	

23RD March, 2014

SESSION – III

HALL-A

TIME: 11:00AM TO 12:00PM

CHAIRPERSONS:- Dr. Sansar Sharma
Dr. Anil Gupta

MODERATORS :- DR. RAJEEV VOHRA

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
11:00 -11:10AM	Ankle fractures: Concepts and Controversies	Dr. Sampat Dumbre Patil
11:10 – 11:20AM	Pilon Fractures: Recent trends	Dr. Balvinder Rana
11:20 – 11:30AM	Calcaneus Fractures: Current Concepts	Dr. Rajeev Vohra
11:30 – 11:40AM	Fracture of Talus. Always follow the principles.	Dr. Sampat Dumbre Patil
11:40 – 11:50AM	Lisfranc Fractures.	Dr. Balvinder Rana
11:50 – 12:00PM	Discussion	

SESSION – IV

HALL-A

TIME: 12:00PM TO 01:00PM

CHAIRPERSONS:- Dr. J P S Walia
Dr. Rajesh Paul

MODERATORS :- DR. PARKASH SINGH

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
12:00 – 12:10PM	Management of fractures of lower end radius	Dr. Ram Prabhoo
12:10 -12:20PM	Scaphoid Fractures	Dr. P. Kotwal
12:20 -12:30PM	Carpal Instability	Dr. P. Kotwal
12:30 – 12:40PM	Fractures of Metacarpals & Phalanges	Dr. Ram Prabhoo
12:40 – 12:50PM	Early tendon transfer for peripheral nerve injuries	Dr. Anil Dhal
12:50 -1:00PM	Discussion	

23RD March, 2014

SESSION – V

HALL-A

TIME: 01:00PM TO 02:00PM

CHAIRPERSONS:- Dr. P Kotwal
Dr. Shishir Rastogi

MODERATORS :- DR. R K ARORA

<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>
1:00- 1:10PM	Revision THR- Exposure and Implant Selection	Dr. Yash Gulati
1:10- 1:20PM	Acetabular Revision in THR	Dr. Vivek Sharma
1:20- 1:30PM	Soft tissue Balancing in TKR	Dr. Harish Bhende
1:30- 1:40PM	Basic Steps in Revision TKR	Dr. Bharat Mody
1:40- 1:50PM	Patellofemoral problems in TKR : Prevention and treatment	Dr. Harish Bhende
1:50- 2:00PM	Discussion	

23RD March, 2014

HALL-B

9:00 – 10:00AM :-

Best paper Award Session

CHAIRPERSONS:- Dr. P Kotwal, Dr. Hardas Singh, Dr. Ram Prabho

SESSION – VI

HALL-B

TIME: 10:00AM TO 11:00AM

CHAIRPERSONS:- Dr. S S Gill
Dr. H. S. Oberoi

MODERATORS :- DR. RAKESH MADAAN

TIME	TOPIC	SPEAKER
10:00 – 10:10AM	Role of osteotomies in CDH management	Dr. P N Gupta
10:10 – 10:20AM	# of Forearm bones in children Operative vs Non operative	Dr. Vineet Aggarwal
10:20 – 10:30AM	Management of relapsed club foot after Ponseti-casting	Dr. Vikas Gupta
10:30 – 10:40AM	Perthe's Disease- Current Managment-Concepts	Dr. P N Gupta
10:40 – 10:50AM	Paediatric Elbow injuries : Diagnostic Dilemma	Dr. Sanjay Sarup
10:50 – 11:00AM	Discussion	

SESSION – VII

HALL-B

TIME: 11:00AM TO 12:00PM

CHAIRPERSONS:- Dr. Kirpal Singh
Dr. Rakesh Madaan

MODERATORS :- DR. PARVINDER SANDHU

TIME	TOPIC	SPEAKER
11:00 – 11:10AM	Aseptic Nonunions of Diaphyseal Bones	Dr. N.K. Magu
11:10 -11:20AM	Infected Nonunions	Dr. R C Siwach
11:20 – 11:30AM	Dilemmas in GCT	Dr. Sudhir Kapoor
11:30 – 11:40AM	Difficult Primary TKR : Case Reports	Dr. Bharat Mody
11:40 – 11:50AM	Soft tissue coverage in compound fractures	Dr. Ravi Mahajan
11:50 – 12:00PM	Discussion	

FREE PAPER SESSION

HALL – B

12:00PM ONWARDS

CHAIRPERSONS:- Dr. Manjit Singh, Dr. Radhe Shyam Garg
(12:00PM – 1:00PM)

CHAIRPERSONS:- Dr. P S Sadhu, Dr. Avinash Gupta
(1:00PM – 2:00PM)

12:00 Noon Onwards: Free paper Session

VALEDICTORY FUNCTION

Valedictory Function:- Dr. Rajeev Vohra & Dr. Rakesh Sharma

Best Poster Award

CHAIRPERSONS:- Dr. R C Siwach, Dr. Naseer Ahmed Mir, Dr. Raj Kumar Aggarwal

2:00PM- Lunch